

CONSTRUCTION EMPLOYER NALOXONE REQUEST PROCESS

Naloxone, generally known by the brand name Narcan, is a lifesaving medication that can reverse an opioid overdose in just minutes. It usually takes effect very quickly to restore a normal respiratory rate to a person whose breathing has slowed or stopped as a result of an overdose. Naloxone should be given only to someone experiencing an opioid overdose. An overdose most often occurs when a person takes a large or increased amount of opioids, mixes opioids with alcohol or other drugs, or has had recent changes in tolerance levels.



The following page illustrates the overall workflow and how to request overdose response training and naloxone from the Delaware Division of Public Health.



Requesting overdose response training and naloxone

Employer will send an email to the Division of Public Health Office of Health Crisis Response at OHCR@delaware.gov sharing:

1. Employer name
2. How many employees they would like to train
3. How many naloxone kits are needed
4. Preferred dates/times for the training
5. Preference for “classroom” (preferred) or “point of distribution” style training*

OHCR staff will contact the OEMS Community Naloxone Coordinator to confirm naloxone availability and get initial approval for training.

- OHCR staff will get in touch with the stakeholder who reached out, supporting them to complete the Community-Based Naloxone Access Program (CBNAP) form.
- OHCR staff will also coordinate with OEMS to identify a team of DPH-approved community trainers (through the Community Response Team or a local training agency) who can do the training for the construction stakeholders.

Training will be officially scheduled with the training agency and construction employer.

Approximately one week before the training is to occur, OHCR staff, the training agency (if available), and the construction employer point of contact will speak by phone to discuss any additional training or site logistics.

Training to take place, which will provide all attendees with an understanding of how to recognize and respond to an individual experiencing an overdose.

Moving forward, construction employers should monitor when new staff are hired and need to be trained, as well as the expiration date for the naloxone provided, reaching back out to OHCR at the email above when additional training and supplies are needed.

***Classroom-style training** is preferred and can be offered in person or virtually. Provides background on opioid addiction, is done as a group, and takes about 1 hour. **Point of distribution style training** is shortened, point-in-time training focused on overdose response and naloxone administration. Allows for a rolling schedule of employees to go through the training during a planned window of time, and training takes about 7–10 minutes for each person to go through.

